

# SmartKnit®

Seamless Socks for Diabetic, Arthritic, and Sensitive Feet



## Truly Seamless—Helps Prevent Foot and Skin Irritation

Truly SEAMLESS socks – they do exist! SmartKnit® Seamless Socks are made using a patented knitting process much like how a cocoon is spun, starting at one point and spinning upwards, thus completely eliminating irritating seams and making them ideal for diabetic, arthritic, and sensitive feet.

SmartKnit® seamless socks in grey, navy and black provide the added benefits of X-STATIC®—The Silver Fiber®. High-tech silver fibers create a healthier sock environment by being odor-resistant, wicking away moisture, and maintaining temperature equilibrium by conducting heat and cold.

X-STATIC® technology bonds a layer of pure silver to the surface of a textile fiber, permanently retaining the best characteristics of both.

## Moisture Control

SmartKnit® Seamless Socks are made with the best fiber/technologies available. The treated polyester and X-STATIC® silver fibers wick the moisture away resulting in a sock that effectively controls moisture, provides a more hygienic sock environment, and helps reduce friction. Both socks are odor resistant

## Reduces Risks from Wrinkling and Bunching

One size does not fit all. Socks that do not properly fit the feet can wrinkle or bunch inside the shoe. SmartKnit® Seamless Socks patented knitting process uses high-stretch core-spun yarns that “HUG” your feet for maximum protection. SmartKnit® socks are not bulky to assure adequate room in the shoe.

## Non-Binding

SmartKnit® Seamless Socks feature a non-binding Halo Top™ that fits comfortably, minimizing indentations. SmartKnit® socks core-spun yarns stretch to allow blood flow while not slipping down the leg.

## Styles and Colors

### Crew

Polyester & Lycra®



White

Polyester X-Static® blend & Lycra®



Black Navy Grey



### Over-the-Calf

Polyester & Lycra®



White

Polyester X-Static® blend & Lycra®



Black Navy



### Mini-Crew

Polyester & Lycra®



White

Polyester X-Static® blend & Lycra®



Grey



### Wide Crew

Polyester & Lycra®



White

Polyester X-Static® blend & Lycra®



Black



Fits up to 25" in circumference



Garments made with X-STATIC® silver fibers receive rave performance reviews and enjoy widespread usage in medicine, the US Military, NASA astronauts and over 60 Olympic teams.

It is never too early to protect your feet. More than half of all lower limb amputations in the United States occur in people with diabetes—86,000 amputations a year. In fact, more amputations result from diabetes than accidents, and it is estimated that proper foot care could have prevented nearly half. That's why it is important to understand the risk factors. Be assertive, be involved, and take a preventative approach to foot care.

## Foot Care Tips

**Prevention is key.** The first step to preventing foot complications is to follow your doctor's advice for keeping your diabetes, blood pressure and cholesterol under control. Call your doctor for complete foot care instructions and work to establish a foot care routine that works best for you.

**Inspect your feet carefully everyday.** Look for any blisters, sores, swelling, redness, or cracks between the toes. Using a mirror can help you see all areas on the bottoms of your feet or ask someone to help. Call your doctor if you notice anything out of the ordinary, no matter how minor you think it is.

**Wash your feet everyday.** Use warm water and a mild soap. Do not use hot water and do not soak as this may dry feet out. Make sure to dry them carefully, especially between the toes. Keep your skin soft and smooth by rubbing a thin coat of lotion over the tops and bottoms of your feet. Avoid putting lotion between toes unless prescribed by your doctor.

**Trim your toenails when needed.** Trim your toenails straight across and file the edges with an emery board or nail file.

**Do Not Self-Treat.** See a podiatrist or health care provider for corns, calluses or ingrown toenails. Do not attempt to self-treat these conditions.

**Wear shoes and socks at all times.** Do not walk barefoot – not even indoors. It is easy to step on something and hurt your feet.

**Wear clean socks everyday.** Be sure socks fit well – not too large or too small.

**Wear appropriate shoes.** Shoes should fit well, protect feet and provide toes room to wiggle. Check shoes for objects or rough spots before putting on.

This is only general information and not meant for the diagnosis or treatment of any medical conditions. Always consult your physician or other health care provider about all health concerns, conditions and recommended treatments.

# TheraSock®

## Wide Socks for Larger Legs and Feet



**Care Sox Plus** Designed especially for those with larger feet and lower legs. Stretch up to 23" in circumference and provide extra padding and pressure relief.

**Wide Double Sock System** Special "sock within-a-sock" design uniquely transfers the damaging forces of pressure and friction from the skin layers into the sock layers while white inner liner protects skin from dyes and additives.

## Therapeutic Socks with Padding



**Comfort System Lite** Soft and lightly padded socks, virtually seamless toe protects the skin from ridges and pressure, moisture-wicking fibers provide an ideal sock for sensitive feet.

**Comfort System Plus** Dense comfort pads provide a buffer zone of protection and virtually seamless toe protects from the skin ridges and pressure.

**Double Sock System** Special "sock within a sock" design to help absorb friction and shear. The inner layer is dye-free and protects sensitive skin from dyes and additives.

Available From:



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INCORPORATED

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# SmartKnit®



Seamless protection  
and everyday comfort  
for diabetic, arthritic  
and sensitive feet

