People who have or are experiencing any of the following conditions can benefit from wearing gradient compression products:

• Tired, aching, fatigued legs
• Swollen feet, ankles, and legs
• Stand or sit for long periods
• Expectant mothers
• Overweight

During travel it is common to experience discomfort in the legs and feet. Sitting for long periods of time can reduce blood flow to the legs and feet. This can cause minor leg problems like tired legs, leg cramps and swelling.

Core-Spun by Therafirm® 15-20mmHg Coolmax-polyester/nylon/spandex gradient compression support socks for men and women are designed to help prevent edema, leg discomfort, and deep vein thrombosis for long distance travelers.

Contraindications: Any skin irritations, allergies to dyes, congestive heart failure, arterial disorders, existing DVT. If any of these conditions apply, consult your physician for advice.
**Gradient Compression Products**

### Other Gradient Compression Products

**THERAFIRM**

**THERAPEUTIC GRADIENT COMPRESSION HOSIERY**

Need sheer compression?

THERAFIRM® Compression Hosiery and Socks are available in Mild 15-20mmHg, Moderate 20-30mmHg, and Firm 30-40mmHg support levels for men and women to help relieve conditions including mild to moderate swelling and tired, achy legs. THERAFIRM® products are comfortable, cool, and fashionable while still providing true gradient compression.

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### Core-Spun Support Socks Sizing

Now available in Wide Calf.

<table>
<thead>
<tr>
<th>Size</th>
<th>Ankle</th>
<th>Calf</th>
<th>Length</th>
<th>Men’s Shoe</th>
<th>Women’s Shoe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>7”-9” (18-23cm)</td>
<td>10.5”-15” (27-38cm)</td>
<td>12”-16” (30-41cm)</td>
<td>7 or less</td>
<td>For less</td>
</tr>
<tr>
<td>Medium</td>
<td>9”-11” (23-28cm)</td>
<td>11”-16.5” (28-42cm)</td>
<td>13”-17” (33-43cm)</td>
<td>14-15</td>
<td>9-10</td>
</tr>
<tr>
<td>Large</td>
<td>10”-14” (25-36cm)</td>
<td>12”-17” (31-43cm)</td>
<td>14”-18” (36-46cm)</td>
<td>10.5-12</td>
<td>12+</td>
</tr>
<tr>
<td>X-Large</td>
<td>11”-15” (28-38cm)</td>
<td>13”-19” (33-46cm)</td>
<td>15”-20” (38-51cm)</td>
<td>12.5+</td>
<td>–</td>
</tr>
<tr>
<td>XX-Large</td>
<td>12”-17” (32-43cm)</td>
<td>17”-23” (43-58cm)</td>
<td>16”-21” (41-53cm)</td>
<td>12.5+</td>
<td>–</td>
</tr>
</tbody>
</table>

Colors Available
- White
- Black
- Navy

*The mean compression for an average ankle size

Available From:

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“Finally, compression I can wear!”

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Support socks for Men and Women

Gradient Compression socks with ultra stretchy, soft yarns that are easier to put on, more comfortable to wear, and help prevent swelling and tired, achy legs.